**Investigation 1 Exit Slip**

1. a. Record your final data below and describe how you and your group’s collection method.

b. Why did you choose this method?

2. a. How did your group analyze this data?

b. Why did your group choose this method?

3. How many Joules, calories, and Calories are in one of the nuts or fruits your tested? Show your calculations below.

4. Will your group stick with the original ingredients you chose? If not, what is your plan?